

17th INTERNATIONAL FENCING TRAINING CAMP

PREPARATION PARIS 2024

14 - 19TH April
2020



3 WEAPONS

MEN & WOMEN

COACHES TRAINING

FREJUS, FRANCE

(French Riviera - 70 Km from NICE airport and 40 km from Cannes)

LOCATION

Centre de Vacances « Azureva » 1943 Rue des Combattants
d'Afrique du Nord, **FREJUS**. Rooms for 2 persons;
Cafeteria; Swimming pool; Bar; Gymnasium

Created in 2003, the fencing training camp « Azureva » has annually welcomed on average: 30 wheelchair fencers, 8 visually impaired fencers and 25 coaches.

The French national team participates annually, and over the years other national

teams have brought their athletes as part of their preparations for the international circuit

(Belgium, Canada, Belorussia, Brazil, Germany, Great Britain, Lebanon. Poland, Switzerland. Turkey, Holland. Italy, Georgia).



COMPETITION

**IWAS SATELLITE
Competition in Antibes on
April 18-19th 2020**

**600€ /person For
Three athletes Inscribes
One coach Free**



Package Includes

Accommodation (2 athletes per room)

Shuttles from Nice to Frejus/Antibes

Meals (starting Tuesday Lunch time) April 14th to Sunday April 19th. (6 days)

Related costs for the IWAS Competition Satellite in Antibes (transport, meals).

PROGRAMME

3 Weapons:

Individual lessons, group lessons, sparring, physical training & strengthening.

Training for coaches:

Training techniques for individuals and groups specifically designed for wheelchair fencing and for visually impaired fencers. Medical aspects will also be covered.

DAILY SCHEDULE

8:30 to 9:30: Physical training

10:00 to 12:00: Group exercises

14:30 to 18:00: Individual lessons and matches

22:30 to 22:30: Individual and team competition

PEDAGOGICAL SUPPORT

Maestro Jean **Deleplancque** (Training camp manager),
Michel **Perrin** & Pascal **Godet**
15 to 20 National Coaches

Please note that the spaces available are limited. We work on a first come first served basis; booking must be made as soon as possible.

CONTACT- Maestro Jean DELEPLANQUE Delejean39@gmail.com

[Alain FEBVRE alainfebvre@neuf.fr](mailto:alainfebvre@neuf.fr)

PAYMENT- Fédération Française Handisport. Banque Société Générale
IBAN : FR763000 3035 9000 0504 7473 407



TRAINING CAMP FREJUS IWAS SATELLITE COMPETITION ANTIBES REGISTRATION

Send to : delejean39@gmail.com and escrime@handisport.org

COUNTRY:

TEAM:

-----NAME-----	Coach	Foil	Epee	Sabre	Cat.

TRAVEL:

Plane: NICE Airport **Train:** SAINT-RAPHAËL **Car:** MOTORWAY A8 Sortie 38 (Fréjus)

ARRIVAL :

DEPARTURE :

Free shuttle to Nice or to Saint Raphaël

PAYMENT:

By bank transfert to:

Fédération Française Handisport. Banque Société Générale:

IBAN : FR76 3000 3035 9000 0504 7473 407

BIC : SOGEFRPP