



# ANTI-DOPING: THE RULES

**British Disability Fencing** uses the same information and websites as British Fencing but **in addition** uses the information on the [IWAS](http://www.iwasf.com) website ([www.iwasf.com](http://www.iwasf.com))

**PLEASE NOTE THE NEW RULES WHICH CAME INTO FORCE ON**

**1<sup>ST</sup> JANUARY 2021**

The International Wheelchair and Amputee Sports Federation (IWAS) is reminding athletes and stakeholders that the [2021 World Anti-Doping Code](#) and [2021 IWAS Anti-Doping Code](#) came into force on 1 January.

The 2021 WADA [List of Prohibited Substances and Methods](#) is also now active alongside the [Athletes' Anti-Doping Rights Act](#) and a series of International Standards.

All WADA documents are available in multiple languages on the WADA website.

The 2021 WADA Code includes a number of important changes to global anti-doping policies, rules and regulations within Anti-Doping Organizations (ADOs) like IWAS around the world. It works in conjunction with eight International Standards that foster consistency among ADOs in technical areas.

The 2021 IWAS Anti-Doping Code was developed in partnership with, and approved by, WADA and reflects the changes published in the 2021 WADA Code.

IWAS President, Rudi van den Abbeele, said: "As a former athlete myself I hold the principles of fair play close to my heart. I encourage all athletes, staff and our members to make sure they fully understand their rights and responsibilities for anti-doping."

All athletes, support personnel and IWAS members must adhere to the WADA and IWAS Anti-Doping Codes, List of Prohibited Substances and Methods and International Standards.

The 2021 List of Prohibited Substances and Methods has been redesigned in order to improve navigation and usability for athletes and their support personnel. The List, which is one of the eight [International Standards](#) that are mandatory for all signatories of the WADA Code, designates what substances and methods are prohibited both in- and out-of-competition, and which substances are banned in particular sports.

### *International Standards*

[International Standard for Code Compliance by Signatories \(ISCCS\)](#)

[International Standard for Education \(ISE\)](#) (New)

[International Standard for Laboratories \(ISL\)](#)

[International Standard for the Protection of Privacy and Personal Information \(ISPPPI\)](#)

[International Standard for Results Management \(ISRM\)](#) (New)

[International Standard for Testing and Investigations \(ISTI\)](#)

[International Standard for Therapeutic Use Exemptions \(ISTUE\)](#)

The Athletes' Anti-Doping Rights Act, which was developed by WADA's [Athlete Committee](#) in consultation with thousands of athletes and stakeholders worldwide, is based on the 2021 WADA Code and International Standards and aims to ensure that athlete rights within anti-doping are clearly set out, accessible, and universally applicable.

## **IN THE UK**

British Disability Fencing works in partnership with UK Anti-Doping (UKAD) to prevent doping.

UKAD is the national anti-doping agency for the UK, dedicated to protecting a culture of clean sport – it achieves this through implementing education and testing programmes, gathering and developing intelligence, and prosecuting those found to have committed an Anti-Doping Rule Violation.

UKAD is responsible for ensuring sports bodies in the UK are compliant with the World Anti-Doping Code through the implementation and management of the UK's National Anti-Doping Policy.

[Parents' Guide to Support Clean Sport](#)

### **100% ME - SUPPORTING ATHLETES TO BE CLEAN**

100% me is UK Anti-Doping's education programme for athletes - designed to provide information resources, education sessions and general advice to athletes throughout their sporting careers.

Find out about 100% me in the dedicated [Athlete Zone](#) of the UKAD website.

[What is Strict Liability](#)

[What are the Anti-Doping Rule Violations \(ADRVs\)](#)

[Managing Inadvertent Doping Risks](#)

[Reporting Doping Concerns](#)

[Useful Links and Resources](#)

[Anti-Doping rule violations](#)

### **BRITISH DISABILITY FENCING POLICY FOR ATHLETES AND COACHES**

Coaches who wish to accompany athletes to international competitions must complete the Coach Clean course. This is provided free of charge by UKAD and is conducted online.

Athletes who are selected to fence for Great Britain must complete the Clean Sport 1 course, again available online and delivered free of charge.

To check medications use [Global DRO](#)

For further information or anything not covered on the UK Anti-Doping web site please contact:-

- UK Anti-Doping at [ukad@ukad.org.uk](mailto:ukad@ukad.org.uk) or +44 (0)207 842 3450.
- British Fencing's Medical officer, [Dr Clare Halsted](#)